

## Staff Phone Directory

### AL & HC Activities

Jill Armantrout, AL Activities Mgr. - 5300  
Gabby Tijani, AL Activities Coord. - 3530  
Jamie Minder, HC Activities Mgr. - 4230

### Beauty Shops

Tamarack - 1230  
sycamore - 2777  
Health Center - 3080

### Business Office

Chuck Gaskins, Dir. Financial Operations - 2190  
Melissa Wyatt, Resident Accounts Mgr. - 2920  
Dawn Martine, Resident Accounts Asst. - 3450

### Campus Environment/Maintenance

Wilson Ojwang, Dir. Campus Environment - 2260  
Sharon Taylor, Secretary/Work Orders - 2200

### Chaplain

April Scott, Chaplain - 1410

### Dining Rooms

Tamarack, IL - 1034  
sycamore, AL - 2760  
Ironwood, AL - 4910  
Aspen, HC - 3245  
Cedar Commons, HC - 3248  
Juniper/Heatherwood, HC - 3451/3542  
Willow Commons, HC - 3246

### Executive Leadership

Shelley Rauch, Executive Director - 3500  
Executive Asst. - 3510

### Food services

Dan Armantrout, Dir. Food services - 3750  
Thomas Balsler, IL Chef - 3751  
AL Food services -3440  
Rob Palladino, HC Food services -2340

### Foundation

Marty Krug, Foundation Coord. - 3460

### Health Center

Shannon Poole, Dir. HC Operations - 3570  
Jackie Davidson, Director of Nursing - 2830  
Assistant Director of Nursing - 4490  
Aspen Nurses Station -3240, 3241  
Cedar Commons - 3295, 3297  
Heatherwood - 2330, 2850  
Ironwood -2170  
Juniper - 2770, 2790  
sycamore - 2820, 2825  
Willow Commons - 5320, 5410

### Housekeeping

Tammy Meadows, Housekeeping Mgr. - 1060  
Housekeeping Requests - 2300

### IL/AL Nursing

Jami Blanton, Nurse Mgr. - 2660  
Tammy Rogers, Asst. Nurse Mgr. - 2665  
sycamore Nurses Station - 2820, 2825  
Ironwood Nurses Station - 2170

### Marketing/Leisure Services

Amy Morgan, Dir. Marketing - 2140  
IL/AL Marketing Mgr. - 2720  
Tracy Pope, HC Admissions - 2840  
Laurie Wilson, IL Leisure Services Coord. - 1053  
Kevin Pruitt, Transition Coord. - 5380

### Receptionist — 0

### Social services

Jill Armantrout, Social services Manager - 5300  
Gabby Pollock, Social services Assistant - 2860

### Transportation — 2160

Jody Black, Driver  
Tonya Richardson, Driver

### Therapy

Stephanie Irvine, Therapy Manager - 4222, 5350

### Wellness

Wellness Center, Tamarack - 1051  
Denisse Garcia, Classes/Trainer

## In Memoriam

*Robert (Bob) Borg  
Betty Dorsey  
Margaret Flack  
Maize Vanhoover*

Please keep their families and friends in your thoughts and prayers.

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A funeral service will be held for Margaret Flack on Friday, April 28, at Holy Spirit Catholic Church.

The viewing will be from 10:00 am—12:00 pm, followed by the celebration of Mass at 12:00 pm.

Holy Spirit is located at 7243 E Tenth St, Indianapolis, IN 46219

## Denisse's Diversified Wellness

*Denisse Garcia*

Those with Parkinson's disease are prone to having multiple falls. One thing you can do is to make your home safer to reduce the number of falls and protect yourself from injury. Some examples include:

- Place night lights throughout your home
- Place items you use frequently at waist level
- Clear pathways of tripping hazards like furniture, cords, and rugs
- Install hand rails in the bathroom if needed.

## Kudos!

*Thank you from Ed Fislar,  
son of Lois Fislar*

Mr. Ed Fislar called the Village to review his mother's account. He expressed his appreciation for his mother's excellent care while at Westminster.

He said that he was so grateful. He mentioned how well Barbie kept him informed about everything.

Great job everyone!



Westminster  
Village North

# Around the Village

A Publication of Westminster Village North

April 21, 2023

## Health Center Update

The Health Center and Assisted Living areas were visited in late March by the Indiana Department of Health (IDOH). We were prepared and did a wonderful job while they watched various aspects of care, cleaning, and food service. I am happy to report we only had a few deficiencies that needed correction and we continue to monitor those for the next 6-10 weeks. The IDOH does reserve the right to do a return visit to check up on us.

We celebrated with our staff on Thursday, April 20, with an all-staff cookout. Then we will celebrate our Health Center residents (for helping us have a good survey) by enjoying a cook-out lunch on Friday, April 28.

We appreciate all the kind words and assistance provided by residents and staff in making the survey a good one.

## Air Force Quartet Brings Down the House!



## Marketing Events

Marketing has planned the following events to attract new prospects to tour our campus and residential areas.

### Tacos and Tour Event

April 26, 11 am-1 pm  
Taco Boss Food Truck is providing lunch

### Post Memorial Day Picnic and Tour

May 30, 11 am-1 pm  
Food provided by TNT Hot Dog Truck and Catering

### Country Music Jamboree Concert and Tour

Saturday, June 24, 12 pm -2 pm  
Cornfields and Crossroads, a bluegrass band, featuring our own Darrel Duety. Fried chicken lunch will be provided.

These events are for external marketing purposes. Residents are encouraged to invite guests who might be interested in living in our community to attend any of these events.

## Lawrence Chamber

Westminster Village is proud to host the Lawrence Chamber of Commerce for the Mayoral breakfast on Wednesday, April 26. The breakfast will be held in the Foundation Social Hall, and we are expecting a large number of people to attend. Guests will be directed to park in the parking lot near the FSH patio. Please be aware of the extra traffic that morning if you are out walking.

## New Tech for Hearing and Sight Impaired

*This article is a compilation from articles published on wired.com and businesswire.com*

FOLLOWING A CONVERSATION can be a challenge for the deaf and hard of hearing. But what if you could pop on a pair of glasses and have subtitles appear in real time? That's the promise of a newly released app called XRAI Glass. It works with augmented reality glasses called Nreal Air to subtitle conversations. XRAI refers to XR, as in mixed reality, and AI, (artificial intelligence), says Mitchell Feldman, the company's chief marketing officer. Feldman demoed the glasses, which need to be plugged into a smartphone to work. You also need the XRAI Glass app, currently available for Android only.

When he put the glasses on, he could see text floating in the center of his vision. As Feldman talked, it quickly became clear he was reading a pretty accurate transcription of what was being said.

XRAI doesn't just transcribe in real time; it also saves a searchable transcript of each conversation. Each transcription is also viewable on your phone. Speech is encrypted and uploaded to the cloud to be processed, then it's immediately deleted—XRAI staff cannot view it; the user just gets the transcript back. "We can't access it even if we wanted to," says Dan Scarfe, chief executive officer at XRAI.

## A Week at a Glance... Health Center

Jamie Minder

Juniper Resident Bear Fowler started his gardening a bit early this year! Our Health Center Garden Club starts back up in May!



Health Center activities staff and residents have started on building their cardboard cars for the Car Parade on May, 5! Painting will take place soon to finalize their wearable cars.



## A Week at a Glance... Assisted Living

Gabby Tijani

Saturday, April 22

*Earth Day*

10:30 Naomi dog visits door to door  
2:30 Wii bowling (Salc)  
3:00 Daily chronicles & activity pack to your door

Sunday, April 23

11:00 Daily chronicles & activity pack to your door  
3:00 Vespers service (fsh)  
1:00 (1-4) Daily chronicles & grocery delivery  
1:00 Movie matinee & popcorn (Lcl2)

Monday, April 24

9:15 Morning chair Yoga (syc lib)  
10:00 Catholic Mass (aca)  
10:00 Outing: Newfield's & fast Food lunch  
4:30 (10-11:30) Apartment visits/one-on-one social

Tuesday, April 25

10:00 Bible study/devotions with Chaplain April (Lcl3)  
1:30 Karaoke (Lcl2)  
2:30 Pillow stories craft (syc ar)  
5:45 Game night (Salc)

Wednesday, April 26

9:15 Morning walk & stroll (Syc av)  
10:00 Arts & crafts (syc ar)  
1:00 Bingo (Salc)

Thursday, April 27

9:15 Morning walk & stroll (Syc av)  
10:00 Travel club: Spring into Spain (Salc)  
1:15 Garden club  
2:00 Cook's Corner & Food for thought (Sar)  
3:00 "Dancing up a storm" party (syc lib)  
5:45 Bingo (Salc)

Friday, April 28

9:00 Bargain room open (tb)  
9:45 Catholic church visits/door to door (9-12)  
10:00 Grocery orders due  
1:00 Chair exercise w/personal trainer, Denisse (syc lib)  
2:00 Movie matinee & (Lcl2)

## Peaceful Reflection

Chaplain April Scott

"The Earth is the Lord's"

Happy Earth Day, friends! On Saturday, April 22, Earth Day, people all over the world will be celebrating. "Earth Day is widely recognized as the largest secular observance in the world, marked by more than a billion people every year as a day of action to change human behavior and create global, national and local policy changes." In celebration of Earth Day there will be a showing of the movie "God of Wonders" in the Foundation Social Hall on April 26th at 2:30 p.m. This movie will highlight the beauty and magnitude of our world and the brilliancy of its creation.

Friends, we all have a responsibility to take care of Mother Earth! It is our home! Sure, there are those with billions of dollars trying to escape Mother Earth in efforts to find another sustainable home. In case a moral breach eclipses the minds of powerful men, causing them to use weapons of mass destruction to maintain power and control over Earth inhabitants. Or in case we fail to recognize the groanings of Mother Earth expressing her uncomfortableness as her temperature continue to rise and the drops of her sweat pour down in heavy rain that causes flooding like never before as she tries to cool herself. God forbid if she shakes with chills that can cause a devastating earthquake causing mass destruction! You get the point of this metaphor.

Global warming is real, and it can have earth-shattering consequences if we do not take care of Mother Earth. I am reminded of a scripture that puts all of this in perspective, knowing that the One who created Mother Earth is also the One who oversees what happens to the her. He is the one with the real power to save the habitat and its inhabitants. Psalm 24:1 says "The earth is the LORD's, and everything in it. The world and all its

people belong to him." I am going to do my part and trust Him to do His part. Will do your part? Please join me on April 26th at 2:30 p.m. to watch this wonderful movie about planet earth and the God who created it!

Announcement:

This Sunday, April 23, Vespers will be hosted by Tim and Karen Grese with Holy Cross Lutheran Church. Please join us at 3:00 p.m.  
Next Sunday, April 30, Vespers will be hosted by our own dear resident Rev. Ben. Strasser, please come out and join in the fellowship.

Blessings

## Bargain Auction is Back!

During the COVID shutdown, WVN hosted an online auction for the Bargain Room. These auctions were very successful, as they allowed staff from other shifts the opportunity to participate.

We will be holding more of these auctions going forward. The first auction will begin on Wednesday, April 26. A YouTube video will be made of each auction item, which is mostly furniture. A link to the video will be posted on Touchtown, in the newsletter the following Friday after the auction begins, and through email to all staff. You will have one week to bid on an item. The highest bid at the end of the week (the following Wednesday) wins the auction. You will not know what others bid, and only have one bid, thus one chance to bid. You may also bid on behalf of family members.

Bids are to be submitted by email or phone call to Laurie Wilson at: [lwilson@westminstervillage.com](mailto:lwilson@westminstervillage.com) or extension 1053. If I am not there, please leave a message. Messages are time and date stamped, as are, of course, emails. In the event there is a tie bid, the first bidder will win the auction.

Items must be picked up the weekend after the auction closes! If not, they may be disposed without refund.

## Independent Living Notes

Laurie Wilson

THERE WILL NOT BE A RESIDENT MEETING IN MAY. The management team will be at a national conference. Thanks for your understanding.

The movie matinee: *God of Wonders*, hosted by Chaplain April on April 26, will begin at 2:30 instead of 2:00 pm.

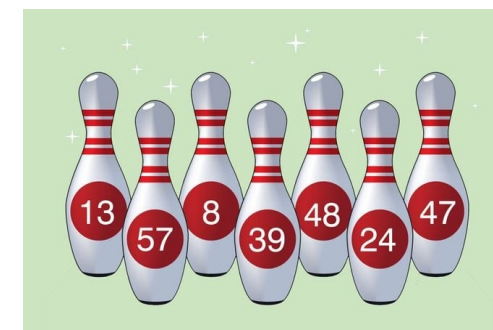
Earth Day is Saturday, April 22. Please take the time to walk around the campus and enjoy the trees and other beautiful scenery on the campus.

The needlework group will begin meeting twice a month as of May 1. The group will meet on the first and third Mondays at 1:30 pm in Creative Commons, which is Tamarack 3006. Anyone may join, whether you knit, crochet, needlepoint, etc.

The resident directory has been updated on Touchtown, including new residents moving in through June. A hard copy will be printed by next week, and a message will be sent via Touchtown to let you know when they are published.

Please remember to cancel sign up reservations as early as possible. We have been getting 6-10 last-minute cancellations, which makes it difficult to plan on both ends, including restaurant staffing.

## Which pins must be knocked over to score exactly 100?



## A Week at a Glance... Independent Living

Laurie Wilson

Saturday, April 22  
*Earth Day*  
1:30 Bridge (cl)

Sunday, April 23  
3:00 Vespers (fsh)

Monday, April 24

9:30 Monday in motion (tsh)  
11:00 Bible study (cl)  
11:00 The Climb (tsh)  
1:30 Garden Club meeting (tsh)  
3:00 Chimes group(2033)  
3:00 Wii bowling (fsh)

Tuesday, April 25

9:00 Grocery shopping: Meijer  
9:30 Light Lift Tuesday (tsh)  
10:00 Catholic Mass (aca)  
3:30 Happy hour (fsh)

Wednesday, April 26

9:30 Cardio Pop (tsh)  
11:30 Around the World lunch: England  
**2:30 Movie with Chaplain April: God of Wonders (fsh)**  
2:00 Rock Steady exercise class (tsh)

Thursday, April 27

*Happy Birthday Ruth Iliff*  
9:30 Power Pump Thursday (tsh)  
11:00 The Climb (tsh)  
3:30 Happy hour (fsh)

Friday, April 28

9:00 Bargain room open!  
9:30 Fun Fitness Friday (tsh)  
1:30 Garfield Park: spring flower show  
1:30 Mahjong (cl)