

Staff Phone Directory

Receptionist—0 or 317.823.6841
Dial off campus 9-area code-number
Emergencies: Dial 9-9-1-1

Activities - AL & HC

Gabby Tijani, AL Activities Asst. - 3530
Jamie Minder, HC Activities Mgr. - 4230

Beauty Shops

Tamarack - 1230
Sycamore - 2777
Health Center - 3080

Business Office

Dawn Martine, Resident Account Asst. -
BHI Central Office - 317.708.6938
Billing@westminstervillage.com
Insurance@bhiseniorliving.org
John Turrentine, Accounts Payable
Specialist - 2910

Campus Environment-Maintenance

Dir. Campus Environment - 2260
Sharon Taylor, Secretary/Work Orders -
2200

Campus Environment - Housekeeping

Dena Lira, Housekeeping Mgr. - 1060
Housekeeping Requests - 2300

Chaplain

April Scott- 1410

Dining Rooms

Tamarack, IL - 1034
Sycamore, AL - 2760
Ironwood, AL - 4910
Aspen, HC - 3245
Cedar Commons, HC - 3248
Juniper/Heatherwood, HC - 3451/3542
Willow Commons, HC - 3246

Executive Leadership

Kevin Ward, Executive Director - 3500
Leah Jeffries, Associate Exec. Dir. - 3570
Leslie Snyder Executive Asst. - 3510

Food Services

Dan Armantrout, Dir. Food Services - 3750
David Siegler, Sr. Executive Chef -3440
Estelana Fairley, HC Dietary Mgr. - 2340

Health Center

Leah Jeffries, HC Administrator - 3570
HC Admissions - 2840
Jackie Davidson, Director of Nursing - 2830
Ebony Sims, Assistant Director of Nursing -
4490

Nurses Stations

Aspen -3240, 3241
Cedar Commons - 3297, 3295
Heatherwood - 2330, 2850
Ironwood -2170
Juniper - 2770, 2790
Sycamore - 2820, 2825
Willow Commons - 5320, 5410

IL/AL Nursing

Jami Blanton, Nurse Mgr. - 2660
Tammy Rogers, Asst. Nurse Mgr. - 2665
Sycamore Nurses Station - 2820, 2825
Ironwood Nurses Station - 2170

Marketing & Leisure Services

Julie Pine, IL/AL Sales Manager - 2720
Laurie Wilson, Leisure Services Coord. - 1053
Kevin Pruitt, PT Transition Coord. - 5380

Social Services

Social Services Manager - 5300
Gabby Pollock, Social Services Assistant -
2860
Peggy Long, Memory Care Coordinator- 3296

Therapy & Wellness

Stephanie Irvine, Therapy Manager - 4222
Wellness Center, Tamarack - 1051

Transportation

Willa Lawson, FT Driver - 2160
Les McConnell, PT Driver - 2161
Gary Roraus, PT driver - 2161

WVN Foundation

Erica Wilkinson, Foundation Coord. - 3460

In Memoriam

Karen Rose

*A memorial service will be held for Karen
on August 23, at 2:00 pm in the
Foundation Social Hall.*

Please keep her family and friends in
your thoughts and prayers.

Denisse's Diversified Wellness

Denisse Garcia-Martinez

*I will be on Vacation from August 26th
through August 30th.*

Hearing & Balance

The way your body keeps balance is by receiving information from your eyes, inner ear, and sensory systems from skin, muscles, and joints. If you have a problem with any of these senses it can lead to dizziness, vertigo, or unsteadiness. Losing your hearing means your brain does not process spatial information like it used to. This is the relationship of awareness between your body and your surroundings. Having problems calculating the height of steps or reaching for things that are farther than they are, are examples of problems with spatial awareness. There are things to maintain your spatial awareness like exercise or building games.

A Fond Farewell

We say goodbye to Amy Morgan, Marketing Director for WVN for the past year and a half. Amy came to the Village on a mission, and with enthusiasm. In her short tenure here at the Village she made quite an impact.

Amy was appreciated by staff and residents alike, and will be missed. Thank you, Amy!



Westminster
Village North

Welcome to WVN!

Please welcome Leah Jeffries as the Westminster Village North Associate Executive Director. This personable lady has already shown her positive leadership and management style toward staff throughout the campus and looks forward to getting to know all of the residents.



Leah holds a Bachelor of Science in Health Services Management from the Fairbanks School of Public Health at IUPUI, and obtained her HFA (Health Facility Administrator) license in early 2019. Leah is a QMCP (Qualified Memory Care Professional) and was honored with the 2023 New Assisted Living Administrator of the Year award from the American College of Health Care Administrators.

Leah began her career in long term care 24 years ago, and has held many different roles over the years. She started working with BHI in 2013 and during her time there took on various roles including Operations Intern, Executive Assistant, and Corporate Special Projects & Policy Coordinator. In 2017 Leah moved over to Hoosier Village where she served as AIT, Campus Liaison, Director of Health Services, BHI Leadership Fellow, and Associate Executive Director of Residential Living.

Leah resides in Carmel with her husband and their dog Dante. She is an avid reader and enjoys spending time on the lake with her husband and friends.

Around the Village

A Publication of Westminster Village North

July 26, 2024

COVID-19 Outbreak

We want to inform you that there are currently 14 active COVID-19 cases within the Health Center. We kindly ask that everyone enters the building with this understanding. For your safety and the safety of others, we strongly recommend wearing masks in all common areas and practicing proper hand hygiene. We would also encourage all visitors to visit in resident rooms to the extent possible.

Your cooperation in adhering to these guidelines is crucial in minimizing the spread of the virus and protecting our community. Please stay vigilant and continue to follow all recommended health protocols.

Westminster Village is taking the following measures to prevent the spread of Covid 19:

- Staff are wearing masks during care
- Activities are being held separately on each neighborhood
- Additional testing of both staff and residents is being completed based on CDC recommendations
- Additional infection control & sanitation measures

Thank you for your understanding and cooperation during this time.

Thank You WVN Foundation!

We are excited to announce that the gardens in Willow and Juniper are complete! The HC residents and Jamie Minder, along with the entire community, would like to personally thank the Westminster Village Foundation for their generosity and support by adopting this project, along with the WVN Garden Club, to replant and beautify the Juniper and Willow gardens. Resident Mary Rose Tomsic (in photo) not only watched ALL of the work from her window, she went outside to personally thank the workers!

Take a stroll and see for yourself.



Happy August Birthdays

Rail, Harry	Aug 01
Bly, Dorothea	Aug 02
Wilfong, William	Aug 02
Cash, Cheryl	Aug 03
Hardman, Carolyn	Aug 03
Schneider, Marilyn	Aug 03
Burton, Carol	Aug 04
Scott, Mary	Aug 05
Blackwell, John	Aug 07
Fee, Georgia	Aug 08
Johnson, Antoinette	Aug 09
Compton, Ray	Aug 11
Fry, William	Aug 11
Smith, Cynthia	Aug 11
Lachenmann, Ingeborg	Aug 12
Palenik, Lynn	Aug 12
Hawkins, Margaret	Aug 13
Moore, Barbara	Aug 14
Cox, Paula	Aug 19
Bly, John	Aug 20
Powers, Albert	Aug 20
Urban, Phyllis	Aug 21
Yates, Donna	Aug 21
Hanson, Ann	Aug 25
Cadwell, Betty	Aug 26
Hankins, Marcella	Aug 26
Wilfong, Ruth	Aug 26
Antreasian, Berj	Aug 29
Knarr, Drusilla	Aug 30
Overturf, Judith	Aug 30
Kaercher, Thomas	Aug 31
Swain, Loretta	Aug 31
Lee, Andretti	Aug 31

Think This Hibiscus Is Trying to Show Off!

Submitted by Tom Ulsas



A Week at a Glance Assisted Living

Gabby Tijani

Saturday, July 27
1:00 Bingo (syc lib)
Sunday, July 28
<i>Happy Birthday: Bill Campbell</i>
3:00 Church service (FSH)
Monday, July 29
9:15 Morning walk & stroll & gardening (Syc av)
10:00 Apartment visits/one-on-one social
10:00 Bible study/devotions (FSH)
1:00 Weekly News & Discussion (syc lib)
5:45 Bingo (FSH)
Tuesday, July 30
9:15 Morning Chair Yoga (syc lib)
10:00 Grocery orders due
10:00 Coffee & Conversation w/ Chaplain April (syc lib)
10:00 Traveling activity cart
3:00 Crafts (Sar)
Wednesday, July 31
9:15 Morning walk & stroll & gardening (Syc av)
10:00 Apartment visits/one-on-one social
1:00 Group games/puzzles (syc lib)
3:00 Grocery delivery
4:00 Aviary clean and bird sensory

Thanks Marketing

IL Residents appreciated the marketing-hosted self-care event, which included exercise, massages, and lunch from Puccini's.



Voter Registration

Cottager Rhoda Milstein has been the Democratic party elected official to manage voter registration for all political parties at the Village for more than 15 years. She has worked tirelessly to ensure residents are properly registered to vote, receive absentee ballots, and more. Rhoda has retired from this position. On behalf of the entire Westminster Village, we thank Rhoda for her hard work and dedication to ensure everyone has the opportunity to vote in state and federal elections.

Since there is no longer a representative for the Village, you are responsible to register to vote and order absentee ballots on your own.

Register to vote online by visiting <http://www.indianavoters.com/>. Indiana residents with a valid Indiana driver's license or Indiana state-issued identification card will be able to use this tool to submit a new voter registration application or to update an existing voter registration record.

To register to vote or update your current registration by mail or in person, you will need to complete and return the Voter Registration Form on or before October 7, 2024 for the 2024 general election.

ONLY the version of the state voter registration form (VRG-7) and the county voter registration form (VRG-11) published on <https://www.in.gov/sos/elections/voter-information/register-to-vote/> will be accepted by county voter registration offices. Older versions of the VRG-7 or VRG-11 will NOT be accepted for processing. Federal voter registration forms may continue to be used.

The federal voter registration form is also a valid voter registration form for use in Indiana and can be found www.usa.gov/register-to-vote.

It is advisable you register immediately, as it may take up to 30 days to receive your voter registration card. Also, if you have moved from one place in the Village to another, for example from a cottage to Tamarack, then you must update your voter registration with your new address.

If you would like assistance obtaining either or both of these forms, your activities staff will be able to assist you. More voting information will be provided in upcoming news letters.

Peaceful Reflection

Chaplain April Scott

I will be on Vacation beginning 7/19, returning Monday 7/29. Here are the plans to provide spiritual care activities for your areas while I am away. Thanks, ladies, for all you do! I appreciate you.

Vespers - Sunday 7/21 at 3p.m. In the FSH - Pastor Daniel Payton with McCordsville United Methodist Church will be our host Pastor.

AL Bible Study Monday 7/22 at 10 a.m. in the Sycamore Library - Teacher Julia Casey
IL Bible Study Monday 7/22 at 11 a.m. In the sycamore Library - Teacher Maria Wasnidge.

AL Coffee and Conversation 7/23 10 a.m. In the Sycamore Library - Host Millie Leman
Cedar Commons 7/23 at 3 pm. Please play the following video from this link <https://youtu.be/R-z0VSAtvYc?si=1R7U8uglzobJukER>

Willow Common 7/24 at 2p.m. -Teacher Kim Richey

Heatherwood 7/25 at 11 a.m. -Please play the following video from this link <https://youtu.be/R-z0VSAtvYc?si=1R7U8uglzobJukER>

Ironwood 7/25 at 3 p.m. - Please play the following video from this link <https://youtu.be/R-z0VSAtvYc?si=1R7U8uglzobJukER>

Church - Sunday 7/28 at 3p.m. In the FSH - Min. Tim and Karen Grease with Holy Cross Lutheran will be the host ministers.

Independent Living Notes

Laurie Wilson

There are 10 tickets available for the Wednesday, August 14, Indianapolis Indians baseball game. Eight of those tickets are in the shade, while the other 4 are a few rows ahead. Of course, there always seems to be enough shade to move into at the games. The first 8 to sign up will be offered the shaded section.

Dan Hibner reports he saw the first Monarch butterfly of the season in his flower garden on Lincoln trails circle this week.

Sing—along

Kathryn Huelster

Hello, residents! Will you join in the monthly Sing-along with friends next Monday? Come to the Tamarack Social Hall right after lunch Monday, August 5 to sing some old songs and a few hymns. The lyrics will be provided, and we sing for an hour with Helen Fry playing the piano for us. She and I look forward to having you sing-along with us.

Gym for your Mind

What is the next state in this series?

New York, Maryland, Georgia, Maine, Texas, Louisiana, North Dakota, Idaho, ???

Missing dollar riddle answer:
From July 12 newsletter

To add the \$2 to the \$27 would be to double-count it. The guests have each paid \$9 for a total of \$27. Of this, \$25 has gone to the cost of the room, \$2 has been pocketed by the bellhop. And \$3 has been returned to the guests (\$1 each).

A Week at a Glance... Independent Living

Laurie Wilson

Saturday, July 27
1:30 Mexican Train dominoes (cl)
Sunday, July 28
<i>Happy Birthday William Campbell</i>
3:00 Church service (Fsh)
Monday, July 29
<i>Happy Birthday Mary Jean Orander</i>
9:30 Monday in motion (Tsh)
11:00 Bible study (Fsh)
11:00 The Climb (Tsh)
3:30 Wine club (Fsh)
5:45 Bingo (Fsh)
Tuesday, July 30
<i>Happy Birthday Gloria Jiskra</i>
<i>Happy Birthday Lucy Newton</i>
9:00 Grocery shopping: Meijer
9:30 Arms Strong (Tsh)
3:30 Happy Hour (Fsh)
Wednesday, July 31
9:30 Quick Stop (Tsh)
1:30 Ice cream: Alexander's on the Water (Cicero)
1:30 Mexican Train dominoes (cl)
2:00 Rock Steady exercise class (Tsh)
Thursday, August 1
9:30 Golden Glutes (Tsh)
11:00 The Climb (Tsh)
3:30 Happy Hour (Fsh)
5:45 Bingo (Fsh)
Friday, August 2
<i>Happy Birthday Jean Bly</i>
9:00 Bargain Room open (TII)
9:30 Fun Fitness Friday (Tsh)
1:30 Mahjong (cl)